Simple Ways A Student Like You Can SAVE THE ENVIRONMENT

As a student, you can make a huge, real, and positive impact on Earth. Here are simple ways on how you can leave a mark as early as now.

1 Say no to plastic bags.

As the 3rd biggest ocean polluter of plastic, Filipinos use 93 million plastic bags every day. So, bring your own reusable bag every time you go out to shop!

2 Refill your water tumbler.

Do not use plastic bottles, for they end up in landfills, waterways, and oceans. Aside from having plastic toxins that cause cancer and kidney and liver damage, these bottles produce microplastics that harm marine life.

3 Avoid non-recyclables.

Non-recyclables like plastic straws can take hundreds or even thousands of years to break down. This can cause severe and long-lasting damage to the environment. So, use bamboo straws instead.

4 Buy from the thrift shop.

Of all the textiles in the landfill, 85% are from the fashion industry. Thrift shopping encourages recycling, thus decreasing landfill waste.

5 Share commute with friends.

Lessen your daily contribution to carbon emissions by sharing your ride with your friends or maximizing our public transportation instead of bringing a car. Better: Use your bike or scooter, or walk with your classmates to school.

6 Recycle, recycle, recycle.

Whether it's a wine bottle, empty jar, any paper product, plastic containers, or old newspapers, recycle whenever you are able.

7 Plant a tree.

You can try planting a tree in your backyard. It's a classic way to save the environment from extreme climate change as they are one of the cheapest ways of reducing CO_2 from the atmosphere. Plus, you'll provide shade for your home in the long run.

8 Clean your surroundings.

Cleaning your surroundings prevents environmental issues such as pollution, water contamination, and even climate change. Start by properly disposing of waste materials and cleaning your backyard.

Build awareness for a better world with CIIT Philippines. Join our growing family and together, let's stir others into saving the environment!

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